



Substance Use and Abuse Health Education

Implementation Plan for FLVS Full Time

State Board of Education Rule: 6A-1.094122 Substance Use and Abuse Health Education

I. Description of the specific course(s) in which instruction will be delivered for each grade level:

Instruction will be delivered to each individual grade level (K-12) in an online session. Due to the unique virtual learning environment and scheduling at FLVS Full Time, each school will hold these sessions as grade-level presentations when no live classes occur in the schedule. Recordings of these sessions will also be readily available for students to access as needed.

II. Description of professional qualifications of the person delivering instruction:

The following Student Services staff at FLVS will provide this instruction: School Counselors, School Psychologists, School Social Worker, and/or Student Mental Health and School Safety Administrator.

III. Description of the materials and resources utilized to deliver instruction:

FLVS will be contracting services with *Evolution Labs* to utilize the *Suite 360: Prevention* program. This program consists of 13 lessons (1 lesson for each grade K-12) that are age-appropriate and differentiated for each grade level. These lessons will cover the specific topics that have been identified by the Florida Department of Education to be addressed through developmentally appropriate instruction and skill building using the adopted health education standards. FLVS Student Services staff will provide substance use and abuse health education curriculum materials and content in grade level sessions online. Each lesson will be accompanied by a resource guide with links and text/phone numbers to national and local resources. Lessons will also contain explicit instructions on how to HELP (Help, Empathize, Listen, Plan) or ACT (Apply coping strategies, Consider your options for help, Talk to trusted adult). Students will complete pre/post-test questions to support district tracking and monitoring. These grade level sessions will be accompanied by *Evolution Labs'* Teacher Companion Guides which include shared vocabulary, key takeaways, lesson objectives, and discussion prompts.